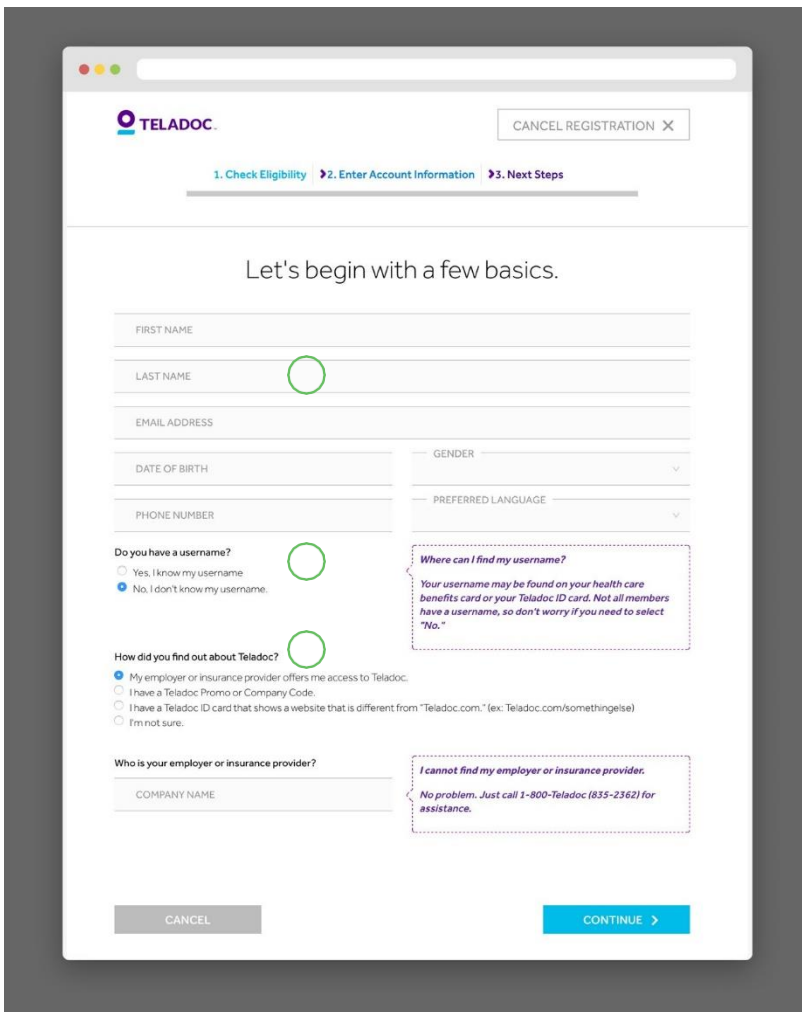




# Get started with Teladoc

It's quick and easy to set up your account online. Simply visit the Teladoc® website, click "Set up account" and then follow the instructions below.



**STEP 1:**

**The basics**

Provide a little information about yourself to confirm your eligibility.

**STEP 2:**

**Do you have a username?**

Select "yes" or "no". Not everyone has a username to activate their Teladoc account, so don't worry about selecting "No."

**STEP 3:**

**How do you have Teladoc?**

Teladoc is an exclusive service that is not available to everyone. Typically, Teladoc is offered by your employer or health plan. You may also have a Teladoc promo code or a Teladoc ID card. If you're not sure you have Teladoc, call the number below for assistance over the phone.

## Talk to a doctor anytime!

Teladoc.com

Facebook.com/Teladoc

1-800-TELADOC (835-2362)

Teladoc.com/mobile